



The Phenomenal Post

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2017 Ronaldo Academy Hong Kong Tournament on 2nd & 9th December !

We are pleased to inform that we will be hosting the 2017 Ronaldo Academy Hong Kong Tournament!

The details of the tournament are as below:

Category: Age 8 & under

Date: 2nd December 2017, Saturday

Time: 3.30pm to 7.30pm

Category: Age 9 to 13

Date: 9th December 2017, Saturday

Time: 3.30pm to 7.30pm



Enrolment Period: 1st November 2017 to 24th November 2017

Participation Fee: HK\$200 per person

Venue: Hong Kong Academy (Soccer Pitch – Artificial Turf)

Address: 33 Wai Man Road, Sai Kung, New Territories

Come and join us today to stand a chance to win a Brazilian t-shirt autographed by the Phenomenal Ronaldo himself!



Benefits of Football for Youngsters

In the world, football is much more than a sport, it is part of the culture and daily life of many people. It is the most practiced sport on earth. Football has become a deeply rooted tradition that has been passed down from one generation to the next, and it provides children a great number of benefits when playing the game. At the Ronaldo Academy, all our coaches are aware of the different benefits the sport provides to children. Here, we would like to share some of them.

Football is a very active sport that requires constant movement, which contributes to improving endurance and speed in children. All of this contributes to motor coordination.

Football is also a great exercise to activate the basal metabolism and burn calories. In fact, it is a very intense sport that helps reduce excess body fat, especially that which is stored in the lower abdominal area. Therefore, practicing soccer reduces the chances of suffering from overweight or obesity in the short and long term in children.

Playing football is a great exercise because it increases the strength of the muscles, especially the legs. Playing football on a regular basis contributes to increase the bone density of the femur and stimulates the flexibility of the joints. This is actually a great benefit when children are growing up. It is also an excellent sport to enhance the pulmonary and cardiovascular functioning of children. Being in constant motion, the oxygenation of the blood is stimulated and as a result more oxygen reaches each tissue of the body, and the heart and lungs also benefit from it. In fact, many experts recommend moderate soccer practice to strengthen cardio-respiratory function in children from an early age.

Football is a team sport, and team spirit helps children to interact with people of the same age and that contributes to their social skills. In fact, in this sport the individual effort must be directed to the common benefit, a teaching that the children will learn little by little and that not only will be useful for the practice of football, but also in their personal lives. This fact is linked to the development of communication skills. This is one of the characteristics of football. For a team to play well, it is necessary that each member is able to communicate with their teammates, interpret their intentions and even anticipate their movements. These skills are gained through practice and stimulates the development of communication skills in children. It has been shown that children who play football tend to be more empathetic and understanding.



Ronaldo Academy Football Parties

Planning to have a birthday party for your child? Why not do it with us? Celebrate your child's next birthday with the Ronaldo Academy!

Does your child love football? We have up to 90 minutes of fun, fast-paced exercises and activities in store for the new generation of Ronaldos and Neymars.

The football activities will be planned according to the age and ability of the children, so there is no need to worry about being a beginner at football!

The activities are suitable for both girls and boys and are extremely fun-filled. Come and join the Ronaldo Academy for go-active fun!

To book a party, call us at 2834 0060 or drop us an email to info@eg-rt.com and we would be honored to create a wonderful memory for your son or daughter 😊



Parents' Quotes

"The right choice joining this school. Best coach! Kids learnt not just football skills but the overall attitude towards playing a sport"

- Jen Ang, mother



Players of the Month

Best performance:

Keshav Nainani (West Island)

Ivan Chang (YMCA)

Best effort:

Ethan Kong (YMCA)

Ryan Lo (West Island)

Best team work:

Alex Pitt (West Island)

Travis Monaghan (HK Parkview)

Best progress:

Tai Ming Fung (Ocean Shores)

Henry Lovkvist (West Island)

Fastest:

Aston Chan (Park Resort)

Most skilful:

Tsang Tsun Hau (WTS College)

Yip Chun Hei (WTS College)

Most collaborative with the coach:

Noah Mookerji (West Island)

Tsang Wai Ho (WTS College)



The Phenomenon in Hong Kong

Now with 14 different venues, the Ronaldo Academy is much more accessible to all the youth all around Hong Kong since its inception in January 2017. Our current and upcoming venues include:

- Harbour Green†
- Mayfair By The Sea†
- Gold Coast†
- The Park Resort†
- Ocean Shores†
- Think Academy†
- HKSYC&IA Wong Tai Shan Memorial College†

- West Island School*
- YMCA*
- Hong Kong Parkview*
- Hong Kong Academy*

Upcoming venues

- Island Resort †
- Riva †
- Tseung Kwan O Plaza †

•Locations currently available to everyone for the regular programs

† Programs available only for residents of the respective estates / students of the respective schools

UnionPay Exclusive Benefits

UnionPay Diamond Prestige, Diamond and Platinum cardholders can enjoy 10% discount on their enrolment for any Ronaldo Academy Hong Kong courses. Course purchased with UnionPay Diamond Prestige / Diamond credit card will be awarded a complimentary course. Terms and conditions apply.

Please visit www.RonaldoAcademy.hk for Ronaldo Academy Hong Kong course details or call +852 2834 0060 for enrolment.

Official Partner



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